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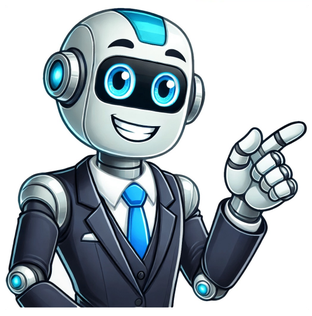

Know about Physics WallahPhysics Wallah is an Indian edtech platform that provides accessible & comprehensive learning experiences to students from Class 6th to postgraduate level. We also provide extensive NCERT solutions, sample paper, NEET, JEE Mains, BITSAT previous year papers & more such resources to students. Physics Wallah also caters to over 3.5 million registered students and over 78 lakh+ Youtube subscribers with 4.8 rating on its app.We Stand Out becauseWe provide students with intensive courses with India's qualified & experienced faculties & mentors. PW strives to make the learning experience comprehensive and accessible for students of all sections of society. We believe in empowering every single student who couldn't dream of a good career in engineering and medical field earlier.Our Key Focus AreasPhysics Wallah's main focus is to make the learning experience as economical as possible for all students. With our affordable courses like Lakshya, Udaan and Arjuna and many others, we have been able to provide a platform for lakhs of aspirants. From providing Chemistry, Maths, Physics formula to giving e-books of eminent authors like RD Sharma, RS Aggarwal and Lakhmir Singh, PW focuses on every single student's need for preparation.What Makes Us DifferentPhysics Wallah strives to develop a comprehensive pedagogical structure for students, where they get a state-of-the-art learning experience with study material and resources. Apart from catering students preparing for JEE Mains and NEET, PW also provides study material for each state board like Uttar Pradesh, Bihar, and others Crafting a killer study timetable is a great tool to improve your productivity and focus. Many students, particularly those prone to distraction and procrastination, find study timetables a very effective way to stay focused and on track with their studies. Study planners are also a great way to manage all of your responsibilities for both your school and personal life, helping you manage your workload and get better grades. Why is a Study Timetable Effective? Before we get into the step-by-step of how to set up your study timetable for school, let's go over why this can be so useful! A well-planned study timetable offers several benefits: Time Management: A study timetable helps you allocate your time efficiently, ensuring that you allocate enough time to each subject or topic. Consistency: Regular study sessions can help reinforce your learning, making it easier to retain information and perform well in assessments. Reduced Anxiety and Less Stress: Setting up realistic study expectations can reduce the pressure you put on yourself as well as increase your confidence that you've prepared properly for your tests. How to Set up a Study Timetable for School: Step 1: Organize Your Schedule with the MyStudyLife Student Planner App Begin by efficiently managing your schedule using the MyStudyLife study app. This powerful tool will help you streamline your academic commitments and set the foundation for an effective study timetable. Step 2: Understand Your Responsibilities vs Free Time After pinpointing your objectives and top priorities, it's time to evaluate the daily time you can allocate to your study sessions. Consider factors like your class timetable, work responsibilities, and any other unchanging commitments. It's crucial to maintain a realistic perspective when scheduling study hours to prevent overwhelming yourself. Step 3: Create a Weekly Overview Now, it's time to create a weekly overview of your study timetable. Start by dividing your week into days, taking into account weekends and any days off. Each day should have a clear structure that includes time blocks for studying, breaks, meals, and other activities. Step 4: Allocate Time for Each Subject Next, allocate time slots for each of your subjects or topics. Try to determine how much time you will need for each subject. This will get easier to know over time- but you can usually figure this out based on your past grades and how difficult you find a subject to learn. Don't fall into the trap of focusing on your easier subjects and ensure that you distribute your subjects evenly throughout the week to prevent burnout. Be sure to think about if it's a small quiz or a final exam. Step 5: Set Specific Study Goals To make your study timetable even more effective, set specific study goals for each session. Instead of just saying, "I'll study math for two hours," specify what you intend to accomplish during those two hours. For example, "I'll complete two math practice sets and review the last two chapters." Setting specific goals helps keep you focused and motivated during your study sessions. Step 6: Include Breaks Remember that breaks are essential for maintaining productivity and preventing burnout. Schedule short breaks between study sessions to relax, stretch, and recharge. A well-loved technique is the Pomodoro Technique, which involves 25-minute focused study sessions followed by a 5-minute break. Step 7: Make time for Self-Care and Prevent Burnout In addition to adhering to a well-organized study timetable, it is imperative to prioritize self-care. Refrain from pushing yourself to the limits of exhaustion. Instead, allocate time for breaks and relaxation to maintain your mental and physical well-being. Overdoing it can ultimately lead to you getting burnt out, which makes being productive next to impossible. Keep in mind that breaks are just as important as work time. Step 8: Review and Revise Your study timetable is not set in stone. Periodically review your timetable to assess your progress and make necessary adjustments. If you find that a particular subject needs more attention, reallocate your time accordingly. Regularly reviewing and revising your timetable ensures that it remains effective and aligned with your goals. Additional Tips for Success Create a Study-Friendly Environment: Choose a quiet, well-lit, and comfortable space for your study sessions. Minimize distractions, such as your phone or social media, during your study time. Use Technology to Your Advantage: There are various apps and tools available that can help you organize and stick to your study timetable. Some popular options include Google Calendar, Trello, and dedicated study apps like MyStudyLife's daily school planner. Seek Support: If you're struggling with certain subjects or topics, don't hesitate to seek help from teachers, tutors, or peers. Collaborative study sessions can also be beneficial. Prioritize Your Wellness: Try to get as much sleep as you need and be sure to fuel your mind with brain-boosting foods. Exercise is another crucial part of this, so try to find a way to move your body in a way that is sustainable for you. This can be anything from a short walk to intense workouts! Reward Yourself: Incorporate rewards into your timetable to motivate yourself. For example, treat yourself to a favorite snack or short leisure activity after completing a study session. In conclusion, your study timetable is your strategic tool for academic achievement. It's not just a schedule; it's a plan for success. Maintain its structure, adapt when needed, and watch your progress unfold. Now, embark on your journey toward academic excellence with confidence and determination. The importance of a timetable in attaining success cannot be overstated. Preparing an excellent and comprehensive timetable or a study schedule for class 12 is essential for performing well in the Class 12 exams of 2023-2024. It is not necessary to adhere to a timetable that you read concerning online or that your friends adhere to. Create your study schedule and study at your own pace. Creating a study schedule is not only the right thing to do; what is most important is to stick to it devoutly even after creating your study timetable for class 12 science. Recent: Important Definitions in Chemistry Class 12 to Score High Study Timetable for Class 12th Science As a Science student, you need to focus on five major subjects viz; Physics, Chemistry, English, Mathematics, and/or Biology. An ideal study timetable should include study hours to be allotted to each subject, which subjects to be studied first, the practice and revision period, etc. Although it is true that Waking up early helps achieve more focused study. But, it is not a mandate in the process of seeking success. You can study as per your choice. All that matters is an undistracted preparation. Concrete and focused study for two hours daily should be given to each subject. Biology and English are entirely theory-based subjects that take less time to study than Mathematics, Physics, and Chemistry because they involve theorems, formulae, and numerical to solve. Hence segregate your time wisely. Eat and sleep right for attaining good health and stress-free learning. Important – CBSE Sample Paper Class 12 Free PDF Download Ideal Study Timetable for Class 12th Science CBSE officials have not yet released the exam date sheet for the class 12 exams, Taking last year into consideration which was February 15. Considering 40 days before your exam, in this time frame, with 40 days to prepare for exams, you must prepare for each subject within these 40 days. With respect to this, you have 8 days for a single subject. 5 subjects/ 40 days: 8 days per subject. If you have more than 40 days or less than 40 days left then use – 5 Subjects/ No of days left: You will get no of dates that you can give per subject Per day time division for each subject to study is as follows SubjectTotal Chapters MarksDedicated hours per day Physics 7 chapters 35 marks 2 hours Chemistry7 chapters 35 marks 1.5 hours Mathematics6 chapters 40 marks 1.5 hours Biology6 chapters 35 marks 2 hours EnglishReading Writing Grammar Text Book 40 marks 1 hour After concluding the timetable, you should work on the below points to succeed in the exams of class 12th. Tips to Include in a Study Schedule for Class 12 A timetable can appear to be a valuable asset if you have a strategy for preparation. The CBSE exams for class 12 are starting from 15 February 2023 and to get the most out of your preparation, you should pay attention to the following points. A study based on concepts: Conceptual learning takes you a long way. It helps you understand the concepts and their application that will help you in your academics in the long run. Prioritize NCERT Textbooks: Objective NCERT at your Fingertips, and other CBSE books to get the right concept. Recognize the exam structure and syllabus: Don't be confused by the exam pattern, the class 12 exams are entirely based on a subjective type of format. Have a firm grasp of the complete syllabus of the exams so that you don't miss out on any topic. Related read: Excel in CBSE Board Exams with CBSE Question Bank for Class 10 & 12 Understand the question typology and the marking scheme: CBSE has released sample papers for 12th boards with marking schemes for every subject. Read through them to familiarise yourself with the type of questions and their difficulty level. Practice CBSE Sample Papers as Much as You Can: Now you must be thinking about where you can find a lot of CBSE Sample papers for CBSE 2023 Practice because CBSE offers only 1 sample paper. MTG CBSE Sample Papers Book has got you covered. This book has 21 CBSE Sample papers with solutions. You can't find this many CBSE Sample papers anywhere. Not only that but the answers are according to the CBSE Marking scheme Write in accordance with the marking scheme: Concerning the subjective format, you will encounter questions with the markings of 2, 3, 4/5. Hence, your answers should be in such a way so that you earn full marks. With the marking scheme, it is helpful to know the stepwise marking for an answer. Don't forget CBSE Boards Previous Years' Papers: MTG CBSE Champion aka CBSE Chapterwise Topicwise 10 Years Solved Papers is a very famous book that has 10 previous years solved Papers of CBSE Board exams along with 3 CBSE sample papers and 5 practice papers. Not only that but the answers are according to the CBSE Marking scheme and it also offers CBSE Toppers answers. It also provides graphical analysis of exam trends and weightage of chapters so that you can revise accordingly. Locate appropriate study resources: Although NCERT books are self-sufficient for the preparation, it is equally important to practice from CBSE question banks and CBSE sample papers based on the latest exam pattern and syllabus. And for doing so you can take the help of MTG reference books for class 12 and MTG CBSE previous year question papers for class 12. Check out – How to Prepare for CBSE Class 12 Exams? Summing Up All of these tips and advice for the daily study timetable should get you on the right track and make your CBSE Class 12 Examination preparations much more precise and accurate. Best wishes! Also, check out – How to Learn Chemical Reactions Like A Pro! Summary Failed the CBSE Board Exam? Here's What You Can Do Next Update on: 13 May 2025, 05:32 PM Just a few days back, CBSE announced Class 10 and Class 12 board exam results on May 13, 2025. Approximately 42 lakh students appeared for the exams which is more than last year. For many, it was a moment of joy, but for some, the..... CBSE Class 12th Board Results 2025 Declared: Result, Toppers Trend, & More Update on: 13 May 2025, 12:00 PM Overwhelming numbers of students, nearly 44 lakh students, appeared for the Class 12 board exams this year. Given the huge turnout, anticipation is at an all-time high. This long-awaited academic journey, which began months ago, climaxed with the board exams conducting between 15th February and..... How to Improve Your English & General Awareness for NDA & CUET Update on: 29 Apr 2025, 02:14 PM Are you preparing for the NDA (National Defence Academy) or CUET (Common University Entrance Test) exams? The NDA and the CUET are two highly competitive exams that require in-depth preparation in various subjects, including English and General Awareness. Candidates join the Indian Armed Forces through..... CBSE Class 12 Accountancy, Business Studies & Economics 2025 Analysis Update on: 26 Mar 2025, 06:00 PM The CBSE Class 12 Board Exams 2025 have concluded, and students have shared their feedback on the Accountancy, Business Studies, and Economics papers. Teachers and subject experts have also weighed in on the overall structure, difficulty level, and expected performance trends. Here's a detailed analysis..... Question Paper Analysis for Biology Exam CBSE Class 12 Update on: 25 Mar 2025, 06:00 PM The CBSE Class 12 Biology exam for 2025 has been successfully completed, marking a significant milestone for students across the country. With a moderate difficulty level and a well-structured design, the question paper provided a balanced opportunity for students to showcase their conceptual and analytical..... CBSE's Important Notice: Parents' Handbook for Student Career Guidance Update on: 25 Mar 2025, 05:23 PM CBSE Releases Comprehensive Career Guidance Resources for Parents. To support students' career planning, the Central Board of Secondary Education (CBSE) has introduced a set of tools that help parents guide their children through the vast arena of post-school career options. Parents are recognized for playing..... NDA 2025: Physical Fitness Guidelines and Standards Update on: 17 Mar 2025, 12:52 PM Aspiring Candidates for NDA (National Defense Academy) need to be physically fit to succeed in the selection process. In the NDA 2025 selection process, there are certain criteria for medical and physical standards, which candidates must pass to qualify for the final selection. In this..... CBSE 2025 Class 12 Question Paper Analysis for English Exam Update on: 11 Mar 2025, 05:00 PM The CBSE Class 12 English Core and Elective exams for 2025 were conducted successfully on March 11, 2025, from 10:30 AM to 1:30 PM across various examination centres. Students were given an additional 15 minutes for reading time, starting at 10:15 AM. The exam aimed..... Toppers Time Table for Class 12th: Creating a comprehensive time table for class 12th will help students secure top positions in class 12th examinations. The time table includes planning, scheduling, revision, and more. Class 12th is a turning point in a student's career and a critical juncture where students must decide on their further studies and careers. Students require discipline, persistence, strategy, and focus to achieve their desired goals in life. They must also be prepared to confront new obstacles during this period. Students aspiring to be the toppers in the board examination must prepare a proper time table and study plan to score good marks. Here is a sample toppers time table for class 12th that students can refer to create one for themselves! When the class 12th toppers were interviewed, they all reiterated that they followed a specific timetable strictly and with discipline. Once they stuck to the toppers time table for class 12th, their preparation was much more systematic, which is the key to their success in the 12th board exam. Students can refer to the toppers study time table for class 12th to get an idea of making a timetable and following them: Morning Routine 5.00 am - Wake up by 5.00 am and finish your daily routine personal activities like brushing and bathing in 15 minutes. 5.15 am to 5.30 am - Practice yoga, exercise, or meditation to freshen your body and mind. These kinds of physical activities are essential to have peace of mind throughout the day. Also, make sure to let go of any negative emotions and have a fresh start with no stress. 5.30 am to 6.45 am - Revise everything you have covered during the last evening/night. Revision is essential to recall what you have learned in the past few days, and recall is required to keep it in memory for a long time. 6.45 am to 7.00 am - Don't forget to take your meals on time while creating the toppers time table for class 12th. Have a healthy breakfast with juice and fresh fruits, as it boosts your energy to deal with all the tasks ahead for the day. Afternoon Routine 4.00 pm to 6.00 pm -Tuition and coaching classes, as most of the class of 12th generally attend tuition and coaching classes at this time. If not, students can do self-study during these hours. Evening/Night Routine 6:00 pm to 7:00 pm - Sports/Activity: It is important to remain physically and mentally fit. Students are advised to include sports or other activities in their toppers time table for class 12th. This will reduce stress so that further learning can be effective. 7.00 pm to 9.00 pm - Time for self-study and time for completing all homework/assignments. Remember, it's not about how many hours you study but about the effectiveness of those study hours on your brain. Study when you feel like it, or take short breaks between study hours to refresh your mind. 9.00 pm to 9.30 pm - Have dinner and also take a break from studying long hours. 9.30 pm to 10.30 pm - Revise topics you have covered during the whole day. 10.30 pm - Go to bed, and try to get a sound sleep of a minimum of 7 hrs for complete relaxation. Sleep is the most essential part of your timetable. If you get the right amount of sleep, you can study more productively and with utmost concentration. Also Check: 10 Prioritization Techniques for Student Productivity Ambitious students who wish to pass competitive exams such as NEET, JEE, BITSAT, and others, should begin studying for them as soon as possible. These exams require perseverance, discipline, attention, and a well-defined goal. Perhaps more importantly, you must follow these strategies to get good scores on your 12th class board exam. Here are some actions you should take to prepare for your board exams, which will assist in the design of your board exam study strategy. It is preferable to create a timetable from scratch based on your preferences. Timetables are an essential part of any program or project and are the first step in preparing a plan to achieve a goal. To excel in an exam, a student must prepare a meticulous timetable to follow for their study as it will allow you to discover your strengths and weaknesses and where you need to put more work. Follow the toppers time table for class 12th board exam preparations and learn the importance of maintaining a timetable and things to keep in mind while organizing your study hours. Also Check: Top 10 Most Effective Stress Management Techniques for Students The timetable plays an essential role in the adequate preparation of any exam. Since class 12th is the most critical stage for a student, an appropriate study timetable must be made and followed religiously to achieve the goal. A study timetable assists you in staying focused on your academics while also allowing you to balance your learning time so you'll have time for leisure. A goal should be determined, and a workable schedule should be drawn out. The term "effective" refers to a schedule that should be adhered to religiously to develop outcomes. A timetable available online or a toppers time table for class 12th prepared by your friends or seniors can be easily replicated and followed as follows: Prevents time and energy waste Ensuring an equitable distribution of time Helps in the formulation of good habits Helps in achieving desired goals Regulates body clock After reading about the timetable's advantages, it is suggested to set up a timetable and study. However, before making a timetable, a few things must be considered: Study Early in the Morning—Although many prefer to study at night, studying in the early morning is beneficial. After a good night's sleep, the human brain usually becomes sharper in the morning. Without tiredness, the mind will be alert to new information. Strategy - A proper plan is essential for studying. An efficient, strategised plan helps to reflect well on the progress that has been made. Ensure that a proper toppers time table for class 12th is designed in a way that results in optimum results. Customization - Every student has their strengths and weaknesses, so every student does not need to study according to one generalized schedule. Adapt your study time to your requirements and priorities. For instance, you must prioritize mathematics if you are good in science but weak in mathematics. Minimum Hours to Study - Studying apart from college is a good idea to spend at least 6 hours. And you don't have to study continuously. It helps to maintain interest without overburdening the mind when studying enough intervals. Syllabus - Knowing the program and preparing a timetable for all the subjects included in the syllabus is important. Must Check: CBSE Class 12 Books 2025 Class 12 is a crucial year in every student's life, as it not only determines your performance in the board exams but also plays a key role in shaping your future career path. With a vast syllabus and the pressure to perform well, having a well-structured study timetable can make a big difference in your preparation. In this blog, we will guide you on how to plan your study timetable for Class 12 (2024-25) effectively, ensuring that you are prepared for both your board exams and competitive exams. Also Check: Important Formulas for JEE Exam Why is a Study Timetable Important? A well-organized study timetable offers multiple benefits, such as: Time Management: It helps you allocate time effectively for each subject. Stress Reduction: It reduces anxiety by providing a clear path of action. Consistency: A timetable helps in maintaining consistent study habits. Balanced Approach: It ensures you don't neglect any subject while focusing on others. Track Progress: A study timetable allows you to monitor your progress and make adjustments as needed. Also Check: Best Self-study Plan For Class 12th Board Exams Steps to Plan Your Study Timetable for Class 12 1. Assess Your Current Routine Before creating a study timetable, assess your current daily routine. Identify how much time you are spending on different activities like school, extracurriculars, commuting, and leisure. Knowing where your time is going will help you find available slots for study sessions. Tip: Keep a time log for a few days to track your activities. 2. Set Clear Goals Your goals will serve as a roadmap for your study plan. Break them down into short-term and long-term goals: Short-term goals: Complete chapters, master specific topics, or revise subjects. Long-term goals: Cover the entire syllabus before a certain deadline, and practice mock exams regularly. Ensure your goals are SMART (Specific, Measurable, Achievable, Relevant, and Time-bound). For example, a goal like "Complete Chapter 3 of Physics by the end of this week" is more effective than a vague goal like "Study Physics." 3. Prioritize Subjects and Topics Different subjects and topics may require varying levels of attention. Identify your strengths and weaknesses, and assign more time to subjects or topics you find difficult. Prioritize accordingly: Difficult Subjects: Allocate more time to subjects like Physics or Mathematics, if they are challenging for you. Easy/Strong Subjects: Dedicate less time but maintain consistency in subjects you are already good at, like English or Hindi. 4. Divide the Syllabus Break down the syllabus for each subject into manageable chunks. This will make it easier to allocate study sessions. Here's a method to divide the syllabus: Conceptual Topics: Assign more time to understanding and practicing conceptual topics like organic chemistry, physics derivations, or calculus. Theory-Based Topics: For subjects like history, political science, or biology, divide chapters based on topics that require memorization. Also check: JEE Main 2025 Chapter-Wise Weightage Expected 5. Create a Daily Study Routine The core of any study timetable is the daily routine. Plan your day by blocking specific time slots for each subject: Morning Session: Study subjects that require more focus, like Physics or Mathematics. Early morning is a good time for solving problems or learning complex concepts. Afternoon Session: Review theory-based subjects like Economics or Biology. Avoid tackling difficult subjects immediately after lunch when energy levels tend to be low. Evening Session: Use this time for revision, mock tests, or practicing past papers. Night Session: Light reading or going through notes can be done before bedtime to reinforce memory. 6. Balance Study with Breaks While consistency is important, so is rest. Overworking can lead to burnout. Plan your study timetable by including breaks between study sessions: Pomodoro Technique: Study for 25 minutes and take a 5-minute break. After four sessions, take a longer 15-30 minute break. Focus on Rest: Make sure you get 7-8 hours of sleep daily, as this helps consolidate your learning. 7. Allocate Time for Revision Regular revision is crucial in Class 12. Schedule revision sessions after completing each topic or chapter. Here's how you can manage revision: Daily Revision: Spend 30-45 minutes revising what you learned that day. Weekly Revision: Dedicate time on weekends to go over the week's content. Monthly Revision: Plan a complete revision session at the end of each month to solidify what you've learned. 8. Practice Mock Tests and Past Papers Mock tests and past exam papers are a critical part of your preparation. Set aside time every week to practice these: Subject-Specific Tests: Focus on individual subjects each week, like a Physics test on Sunday or a Mathematics mock test on Wednesday. Full-Length Exams: As the board exams approach, begin practicing full-length mock exams under timed conditions to build exam stamina. 9. Use Study Aids In addition to your textbooks, use other study resources to enhance your learning: Online Resources: Websites like Khan Academy, Byju's, or Unacademy offer video lessons and practice exercises. Reference Books: Use reference books recommended by your teachers for additional practice and concept clarity. 10. Avoid Over-Scheduling It's easy to get carried away when creating a timetable, but overloading yourself with unrealistic expectations can lead to frustration. Ensure that your timetable is achievable and provides room for flexibility. Tip: Leave some buffer time for unexpected events, like school functions, festivals, or illness. 11. Stay Consistent but Flexible Sticking to the plan is important, but so is flexibility. Life happens, and sometimes you may not be able to follow the timetable exactly. Don't panic. Adjust the timetable as needed without losing sight of your overall goals. 12. Use Technology to Your Advantage There are several apps and tools available to help you create and follow a timetable: Google Calendar: Schedule your study sessions and get reminders. Todoist: Track your progress by creating daily tasks and goals. Forest: An app that helps you stay focused by limiting distractions. 13. Incorporate Time for Physical Activity Physical exercise boosts mental clarity and reduces stress. Include some form of physical activity in your daily routine: Morning/Evening Walks: A 15-20 minute walk can refresh your mind. Stretching or Yoga: Simple stretching or yoga exercises help reduce the fatigue that comes from long study sessions. 14. Track Your Progress Once you start following your study timetable, regularly evaluate your progress. Ask yourself: Am I completing the topics on time? Do I feel confident about the subjects I've covered? Is there any area where I'm falling behind? Adjust your timetable based on these evaluations, and don't hesitate to reallocate time where needed. Sample Study Timetable for Class 12 Students (2024-25) Here's a sample study timetable that you can adjust according to your preferences: Time Activity 5:30 AM - 6:00 AM Wake up and light exercise 6:00 AM - 8:00 AM Study Session 1: Physics/Mathematics 8:00 AM - 8:30 AM Breakfast 8:30 AM - 12:30 PM School/Classes 12:30 PM - 1:00 PM Lunch 1:00 PM - 3:00 PM Study Session 2: Chemistry/Accountancy 3:00 PM - 3:30 PM Break 3:30 PM - 5:00 PM Study Session 3: English/Humanities 5:00 PM - 5:30 PM Light Snack/Relax 5:30 PM - 7:00 PM Study Session 4: Revision/Practice 7:00 PM - 8:00 PM Dinner/Relax 8:00 PM - 9:30 PM Study Session 5: Practice Past Papers 9:30 PM - 10:00 PM Light Reading/Review Notes 10:00 PM Sleep A well-planned study timetable is a game-changer for Class 12 students. It helps in organizing your time, reducing stress, and improving your academic performance. Remember, the key to success is not just hard work, but also smart planning. Stay consistent, flexible, and regularly assess your progress to ensure you're on track for success in both your board exams and competitive exams. Good luck with your studies! A study timetable helps manage time effectively, reduces stress, promotes consistent study habits, and ensures you cover all subjects without neglecting any. Track your daily activities for a few days to see how much time you spend on school, leisure, and other activities. This will help you find time for study sessions. Prioritize subjects based on difficulty. Allocate more time to subjects you find challenging, and maintain consistency in subjects you are already good at. Break the syllabus into manageable chunks. Focus more time on conceptual topics that require understanding, and schedule theory-based topics for memorization. Study difficult subjects in the morning, review theory-based subjects in the afternoon, and practice past papers or mock tests in the evening. Include breaks between sessions. Use the Pomodoro technique: study for 25 minutes, then take a 5-minute break. After four sessions, take a longer 15-30 minute break to recharge. Daily revision should take 30-45 minutes. Weekly and monthly revisions help reinforce what you've studied over the longer term. Mock tests help you practice exam-style questions, build exam stamina, and identify areas where you need improvement. Keep your timetable realistic and flexible. Leave some buffer time for unexpected events and don't overburden yourself with too many study sessions. Physical activity helps reduce stress and improve focus. Include light exercise, such as walking or stretching, to refresh your mind during breaks. Use apps like Google Calendar for scheduling, Todoist for task management, and Forest for staying focused by limiting distractions. Regularly evaluate your progress by checking if you're completing topics on time and feeling confident about the subjects you've covered. Adjust the timetable as needed. Making a good study timetable is like making a map to help you succeed in school. It helps you know what to study, keeps you from getting distracted, and helps you reach your goals. Many students know it's important to have a study plan, but it's not always easy to follow it. This guide will help you make a timetable that you can stick to until your exams are over. Before we get into how to make a timetable, let's talk about why it's important. A study timetable helps you: Organize Your Time: It shows you what to study and when, so you can balance school, activities, and free time. Stay Motivated: When you know what to do next, you feel more motivated to keep going. Reduce Stress: Having a plan means you won't feel so panicked before exams or deadlines. Avoid Procrastination: A set schedule helps you avoid putting things off and keeps you on track. First, make a list of all the subjects or topics you need to study. Include everything: exams, assignments, review sessions, and personal study goals. This will help you see everything you need to do. Write down each subject. Break each subject into smaller topics. Include deadlines or exam dates. Example: For a subject like Science, you can break it into biology, chemistry, and physics, with specific chapters to study. After listing your subjects, figure out how much time you have each day. Think about other things you need to do, like school, sports, meals, and relaxation. Knowing your available time will help you set realistic goals. Find out how many hours you have each day to study. Write down things you can't change, like classes or sports. Not all tasks are equal—some subjects need more time than others. Decide which subjects are most important based on: Difficulty Level: Spend more time on harder subjects. Exam Dates: Focus on subjects with upcoming exams. Personal Weaknesses: Spend more time on areas where you need extra help. Tip: Use the 80/20 rule. Spend 80% of your time on the 20% of topics that are the hardest or most important. Now that you know what you need to study and when you have time, it's time to set specific times for each subject. Break your day into study blocks, which are usually 30 to 50 minutes long, followed by a 10-minute break. Morning Sessions: Good for subjects that need a lot of focus, like math or science. Afternoon Sessions: Use this time for easier subjects or review. Evening Sessions: Great for going over what you learned during the day. Example: 6:30 PM – 7:20 PM: Study Math (Algebra) 7:20 PM – 7:30 PM: Take a Break Avoid getting too tired by balancing study time with breaks. Studying for too long without a break can make it hard to focus and remember things. Use the Pomodoro Technique: Study for 25-30 minutes, then take a 5-minute break. After every 3-4 study blocks, take a longer break (15-30 minutes). Breaks help you refresh your mind, so make sure to step away from your desk and do something relaxing. Your timetable should be practical and flexible. Don't fill it with unrealistic goals that are hard to achieve. Life can be unpredictable, so give yourself some extra time for unexpected things or catching up. Set aside extra time each week for subjects you might need more time on. Review and adjust the timetable as needed. Digital Calendars: Use Google Calendar or another app to set reminders. To-Do Lists: Use tools like Todoist to track your daily tasks. Timetable Apps: Apps like My Study Life can help you organize and monitor your timetable. These tools can help you see your schedule, set reminders, and track your progress. Reward yourself for your hard work. Small rewards can help you stay motivated to follow your timetable. After finishing a tough study block, have a favorite snack. Plan a fun activity for the end of the week if you complete all your study tasks. Rewards make studying more enjoyable and give you something to look forward to. Building a habit takes time and consistency. Try to start studying at the same time each day to build a routine. When studying becomes part of your daily life, it will be easier to stick to your timetable. During study blocks, keep distractions away. Turn off notifications, put your phone in another room, and let friends or family know your study times. Use focus apps like Forest to block distractions. Study in a quiet place with minimal interruptions. Tell a friend or family member about your study timetable and ask them to check on your progress. You could also study with a friend who has a similar schedule and keep each other on track. Pro Tip: Share your study goals with someone who motivates you—having a "study buddy" can make sticking to your plans easier. At the end of each week, think about what worked and what didn't. If you couldn't follow the plan, adjust your timetable to make it more achievable. Reflection Questions: Did I study all the topics I planned? What stopped me from studying? Change time slots for subjects that need more attention. Flexibility is key—a good timetable changes as your needs change. Creating a study timetable and sticking to it can be hard, but with some organization and determination, you can do it. Remember, the goal is not just to make a plan but to build a routine that helps you use your time well. Keep your goals realistic, take breaks, and celebrate your successes. By following these steps, you'll be on your way to doing well in school! List all your subjects and tasks. Set priorities and make study blocks. Use the Pomodoro Technique to stay focused. Stay accountable and reflect on your progress. Stick to your study timetable by making studying a habit—and soon, you'll be ready for exams without the stress of last-minute cramming. The importance of a timetable in attaining success cannot be overstated. Preparing an excellent and comprehensive timetable or a study schedule for class 12 is essential for performing well in the Class 12 exams of 2023-2024. It is not necessary to adhere to a timetable that you read concerning online or that your friends adhere to. Create your study schedule and study at your own pace. Creating a study schedule is not only the right thing to do; what is most important is to stick to it devoutly even after creating your study timetable for class 12 science. Recent: Important Definitions in Chemistry Class 12 to Score High Study Timetable for Class 12th Science As a Science student, you need to focus on five major subjects viz; Physics, Chemistry, English, Mathematics, and/or Biology. An ideal study timetable should include study hours to be allotted to each subject, which subjects to be studied first, the practice and revision period, etc. Although it is true that Waking up early helps achieve more focused study. But, it is not a mandate in the process of seeking success. You can study as per your choice. All that matters is an undistracted preparation. Concrete and focused study for two hours daily should be given to each subject. Biology and English are entirely theory-based subjects that take less time to study than Mathematics, Physics, and Chemistry because they involve theorems, formulae, and numerical to solve. Hence segregate your time wisely. Eat and sleep right for attaining good health and stress-free learning. Important – CBSE Sample Paper Class 12 Free PDF Download Ideal Study Timetable for Class 12th Science CBSE officials have not yet released the exam date sheet for the class 12 exams, Taking last year into consideration which was February 15. Considering 40 days before your exam, in this time frame, with 40 days to prepare for exams, you must prepare for each subject within these 40 days. With respect to this, you have 8 days for a single subject. 5 subjects/ 40 days: 8 days per subject. If you have more than 40 days or less than 40 days left then use – 5 Subjects/ No of days left: You will get no of dates that you can give per subject Per day time division for each subject to study is as follows SubjectTotal Chapters MarksDedicated hours per day Physics 7 chapters 35 marks 2 hours Chemistry7 chapters 35 marks 1.5 hours Mathematics6 chapters 40 marks 1.5 hours Biology6 chapters 35 marks 2 hours EnglishReading Writing Grammar Text Book 40 marks 1 hour After concluding the timetable, you should work on the below points to succeed in the exams of class 12th. Tips to Include in a Study Schedule for Class 12 A timetable can appear to be a valuable asset if you have a strategy for preparation. The CBSE exams for class 12 are starting from 15 February 2023 and to get the most out of your preparation, you should pay attention to the following points. A study based on concepts: Conceptual learning takes you a long way. It helps you understand the concepts and their application that will help you in your academics in the long run. Prioritize NCERT Textbooks: Objective NCERT at your Fingertips, and other CBSE books to get the right concept. Recognize the exam structure and syllabus: Don't be confused by the exam pattern, the class 12 exams are entirely based on a subjective type of format. Have a firm grasp of the complete syllabus of the exams so that you don't miss out on any topic. Related read: Excel in CBSE Board Exams with CBSE Question Bank for Class 10 & 12 Understand the question typology and the marking scheme: CBSE has released sample papers for 12th boards with marking schemes for every subject. Read through them to familiarise yourself with the type of questions and their difficulty level. Practice CBSE Sample Papers as Much as You Can: Now you must be thinking about where you can find a lot of CBSE Sample papers for CBSE 2023 Practice because CBSE offers only 1 sample paper. MTG CBSE Sample Papers Book has got you covered. This book has 21 CBSE Sample papers with solutions. You can't find this many CBSE Sample papers anywhere. Not only that but the answers are according to the CBSE Marking scheme Write in accordance with the marking scheme: Concerning the subjective format, you will encounter questions with the markings of 2, 3, 4/5. Hence, your answers should be in such a way so that you earn full marks. With the marking scheme, it is helpful to know the stepwise marking for an answer. Don't forget CBSE Boards Previous Years' Papers: MTG CBSE Champion aka CBSE Chapterwise Topicwise 10 Years Solved Papers is a very famous book that has 10 previous years solved Papers of CBSE Board exams along with 3 CBSE sample papers and 5 practice papers. Not only that but the answers are according to the CBSE Marking scheme and it also offers CBSE Toppers answers. It also provides graphical analysis of exam trends and weightage of chapters so that you can revise accordingly. Locate appropriate study resources: Although NCERT books are self-sufficient for the preparation, it is equally important to practice from CBSE question banks and CBSE sample papers based on the latest exam pattern and syllabus. And for doing so you can take the help of MTG reference books for class 12 and MTG CBSE previous year question papers for class 12. Check out – How to Prepare for CBSE Class 12 Exams? Summing Up All of these tips and advice for the daily study timetable should get you on the right track and make your CBSE Class 12 Examination preparations much more precise and accurate. Best wishes! Also, check out – How to Learn Chemical Reactions Like A Pro! Summary Failed the CBSE Board Exam? Here's What You Can Do Next Update on: 13 May 2025, 05:32 PM Just a few days back, CBSE announced Class 10 and Class 12 board exam results on May 13, 2025. Approximately 42 lakh students appeared for the exams which is more than last year. For many, it was a moment of joy, but for some, the..... CBSE Class 12th Board Results 2025 Declared: Result, Toppers Trend, & More Update on: 13 May 2025, 12:00 PM Overwhelming numbers of students, nearly 44 lakh students, appeared for the Class 12 board exams this year. Given the huge turnout, anticipation is at an all-time high. 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